



Children's Menu

For our guests 12 & under

Organic Apple Juice Boxes

100% juice ~ 1.50

Kid's Mac & Cheese

Pasta baked in creamy Gruyere & sharp white cheddar sauce, topped with shaved parmesan 6.95

Kid's Quesadilla

Choice of French fries, yam fries, corn chips, pinto beans, cucumber slices, brown rice or peanut-kale salad 6.95

Substitute vegan cheese to be vegan

Kid's Grilled Cheese

On Avalon multigrain; choice of French fries, yam fries, corn chips, pinto beans, cucumber slices, brown rice or peanut-kale salad 6.95

Substitute vegan cheese to be vegan; Can be gluten free: add \$1 for gf bread

Kid's Scrambled Eggs with Toast

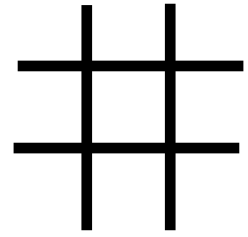
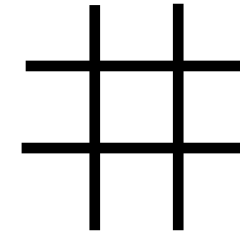
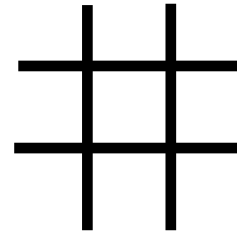
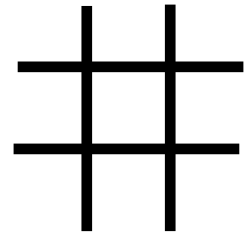
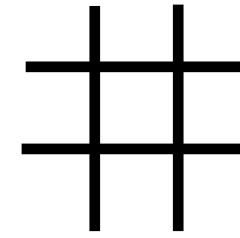
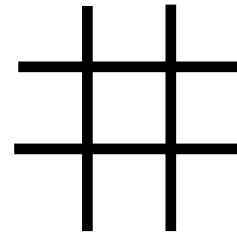
Multi-grain, cinnamon-raisin or rye toast 3.95

Can be gluten free: add .50 for gf toast

Kid's Scrambled Tofu with Toast

Seasoned & scrambled, choose multi-grain, cinnamon-raisin or rye toast 4.95

Can be gluten free: add .50 for gf toast



| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| A | Z | U | T | S | Y | H | T | E | M | A | O |
| P | E | R | E | C | E | R | I | S | E | R | B |
| B | U | R | G | U | N | D | Y | S | V | E | A |
| R | T | C | B | L | O | M | U | C | D | Z | D |
| O | E | E | E | A | O | E | E | A | U | H | I |
| S | L | M | R | E | R | I | J | R | J | C | H |
| E | O | E | O | T | A | N | E | L | T | R | C |
| N | I | R | R | M | M | D | U | E | E | A | R |
| Z | V | A | U | C | B | I | P | T | C | M | O |
| E | H | L | E | R | E | G | O | L | I | V | E |
| C | P | D | R | B | R | O | N | Z | E | M | A |
| R | E | V | L | I | S | M | O | C | H | E | R |

Word Search!

- Amber
- Amethyst
- Azure
- Bronze
- Burgundy
- Cerise
- Emerald
- Indigo
- Jade
- Maroon
- Ocher
- Olive
- Orchid
- Plum
- Puce
- Rose
- Scarlet
- Silver
- Teal
- Violet